

STRUGGLING WITH POWER

THE RESILIENT SUPERVISOR

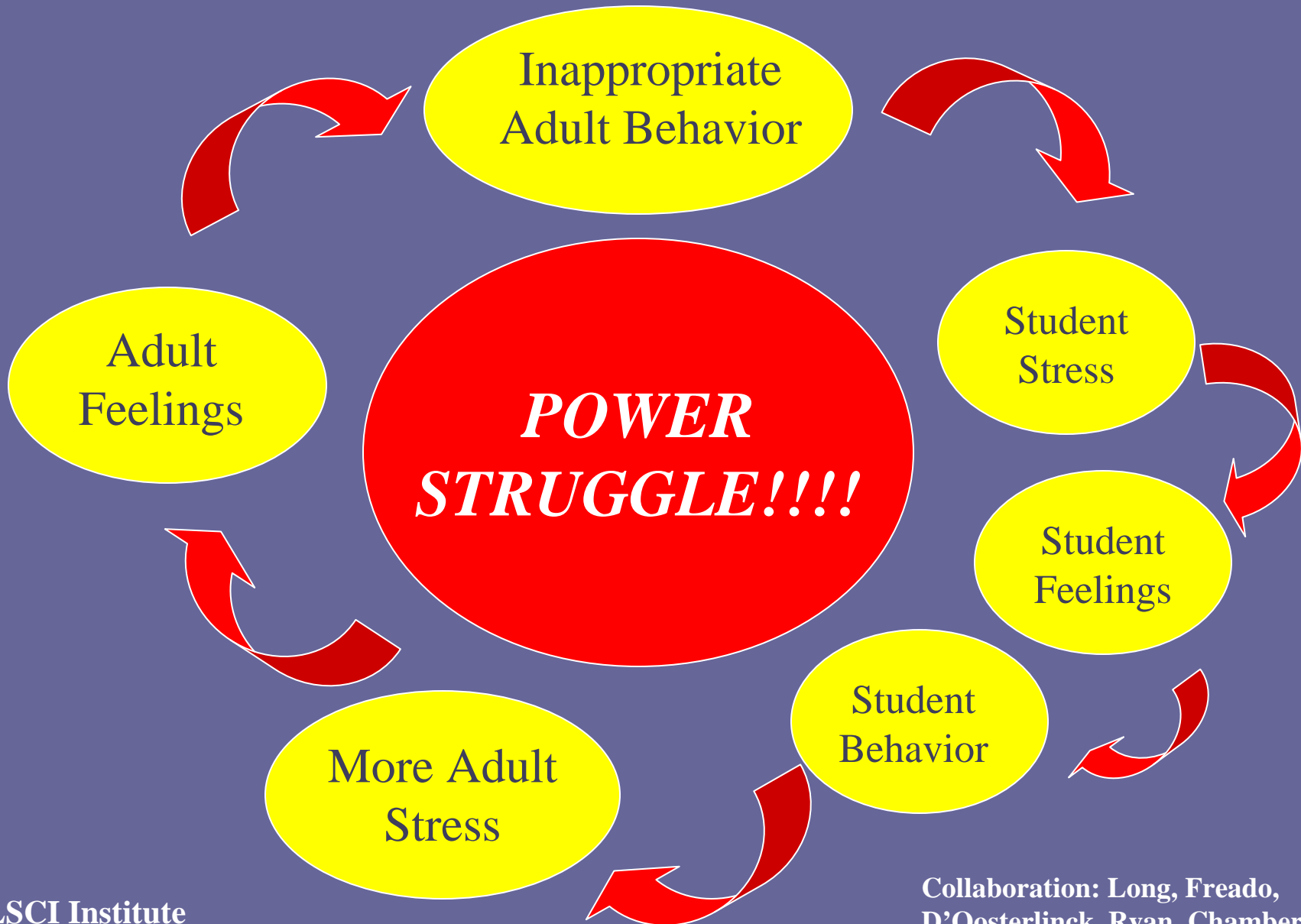
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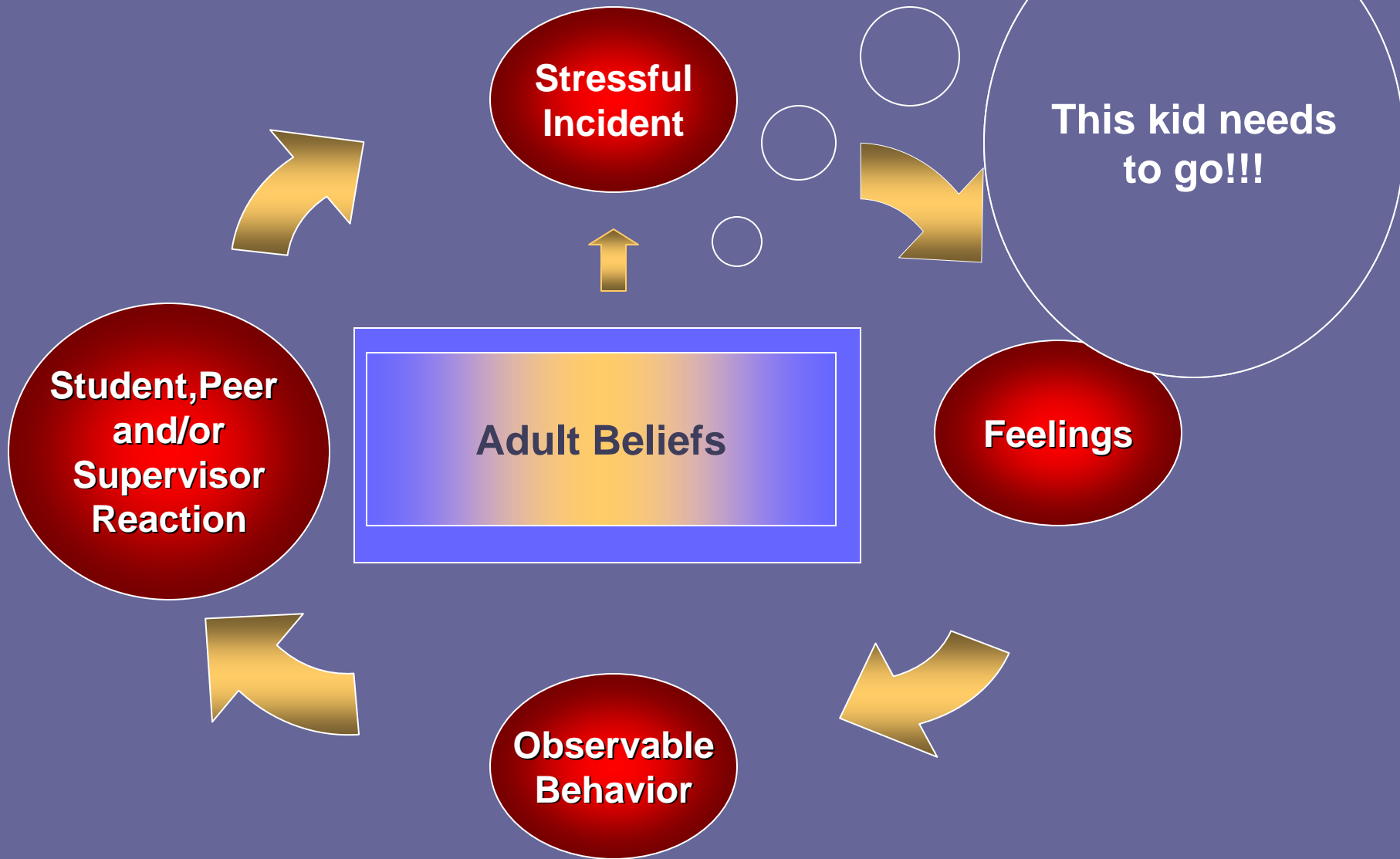
markfreado@calfarley.org

Adult Double Struggle

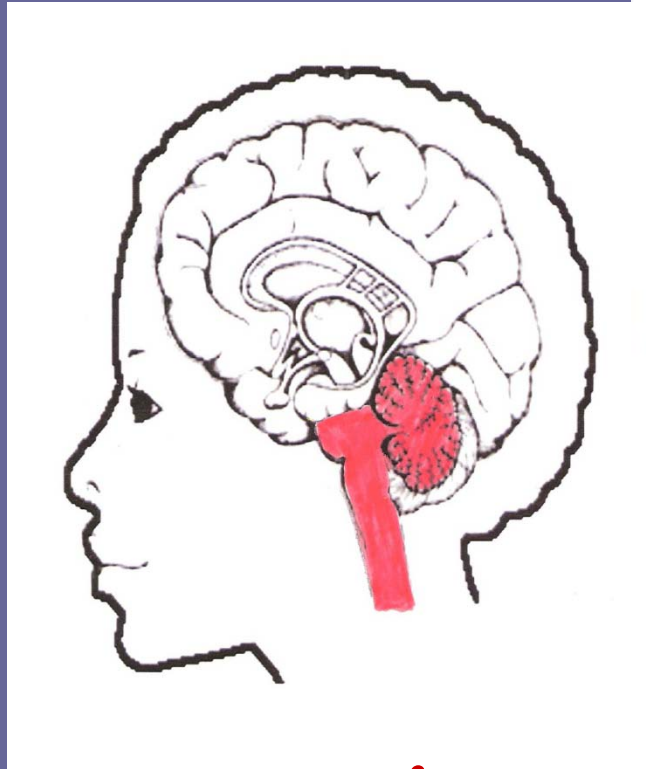


The Adult Conflict Cycle

Adapted from LSCI Institute -- Nicholas J. Long, Ph.D.



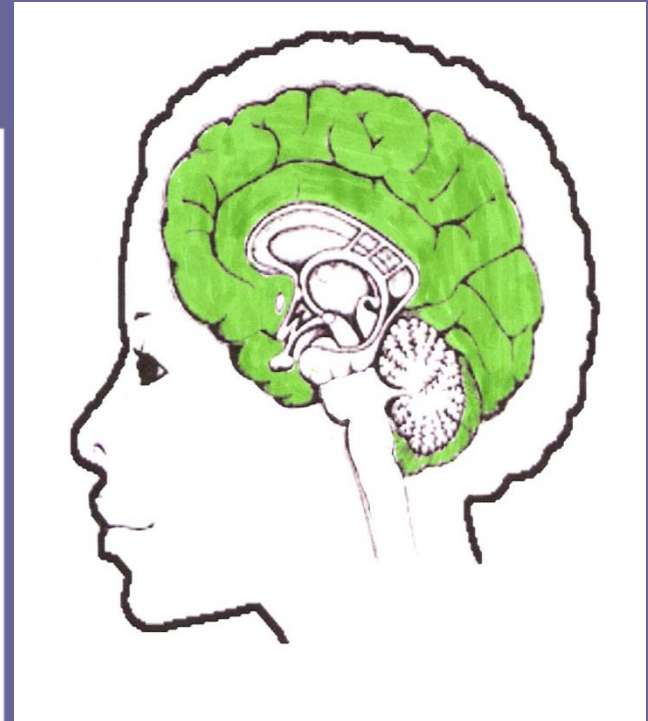
THE BRAIN IS BUILT FOR THREE TASKS



reacting

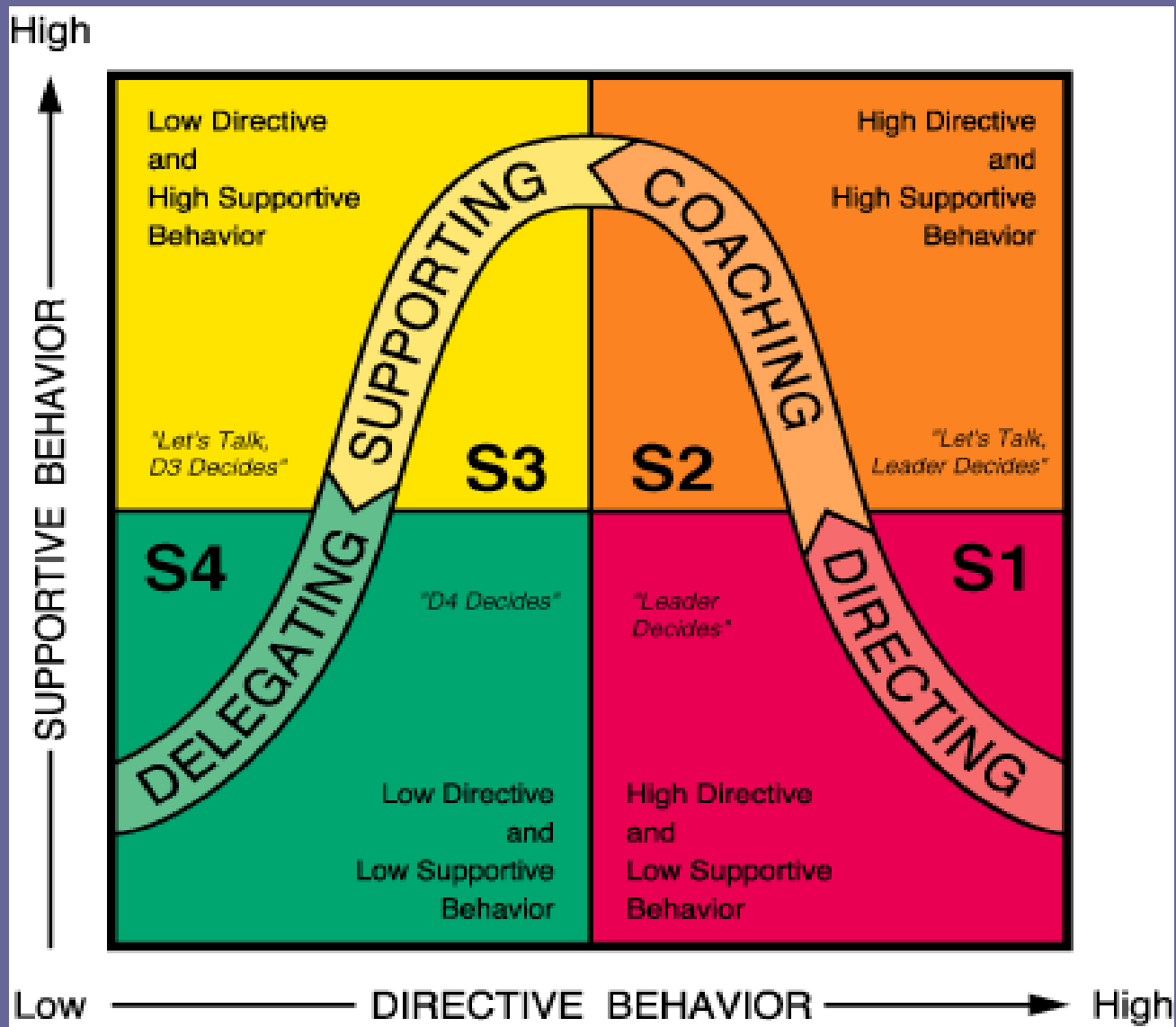


valuing



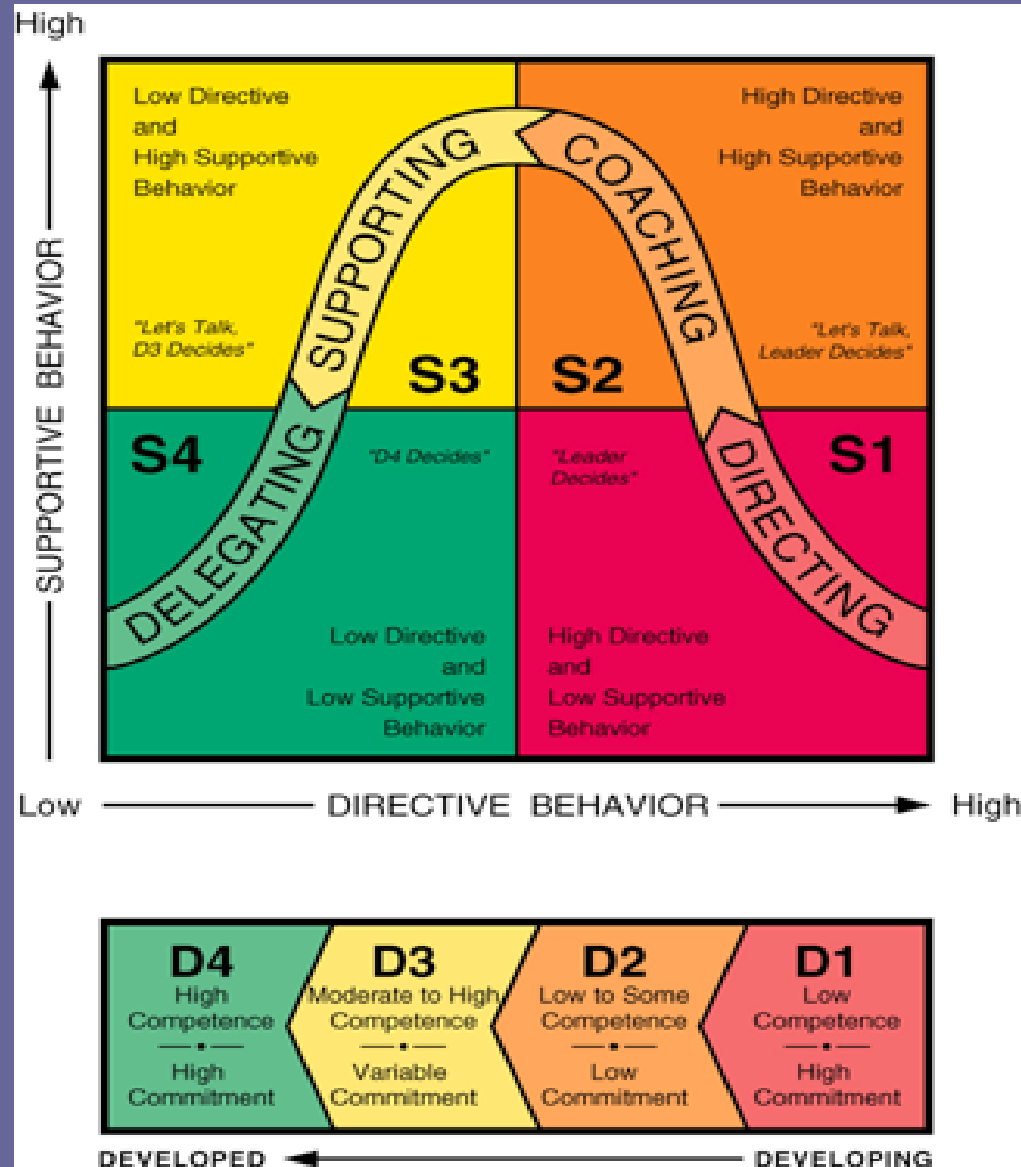
thinking

What is My Primary Style?



The SLII® Model

Ken Blanchard, Ph.D.



Performance Words

- capable, efficient, forceful, successful, valid, adequate, accurate, competent, effective, potent, proficient, skillful, strength, valid, passionate, agreeable, non-resistant, perfected, accomplished, consistent

Problem Performance Words

- **Insubordinate**
- **Inconsistent**
- **Sporadic**
- **Minimal**
- **Unproductive**
- **Ineffective**
- **Resistant**
- **Procrastinating**

Value Words

Circle	Re-ED	Resilience	Self-Worth
Belonging	Trust	Attachment	Significance
Mastery	Learning	Achievement	Competence
Independence	Experience	Autonomy	Power
Generosity	Spiritual Health	Altruism	Virtue

Successfully Managing the Conflict Cycle

Adapted from Nicholas Long, Ph.D. LSCI Institute

